283 Air
Weekly Routine Orders

Date: Wed 21Oct26

RO No. 26-006 **Revision:** 2

CAF Member Dress: CADPAT

Cadet Dress: FTU

Duty Personnel:

Duty Officer: CI Suzy Grande

Duty NCO: FSgt R. Kim

Alternate Duty NCO: Sgt A. Tayalan

Duty Flight: 6

Training Night Routine:

(All times 24hr clock)

	Start	Finish
Arrival	1830	
Fall-In / Inspection / Opening	1845	1855
Period One	1900	1925
Break	1925	1930
Period Two	1930	2000
Break	2000	2015
Period Three	2020	2050
Fall-In / Closing	2055	2125
Dismissal Time	2130	

Weekly Training

		Period 1 1900 to 1925	Period 2 1930 to 2000	Period 3 2020 to 2050
Level One	PO/EO	M100	M100	M100
	PO Title	PHASE-Social Media	PHASE-Consent & Sexual Assault	PHASE-Substance Use & Addiction
	Location	TBD	TBD	TBD
	Instructor	Javaid. A | Minhas. S	CV Raval | CI Grande	Bhandary. J | Minhas. K
Level Two	PO/EO	M208.01	M208.01	M207.03
	PO Title	Left and Right Turns on the March	Left and Right Turns on the March	Discuss Prov. Committee of A/Cadet
	Location	TBD	TBD	TBD
	Instructor	Derenson. N | Grubb. B	Derenson. N | Grubb. B	Fu. J | Wu. J
Level Three	PO/EO	M303.04	M303.04	M307.03
	PO Title	Communicate as a Team Leader	Communicate as a Team Leader	Discuss Nat. Lvl of A/Cadet Leag
	Location	Room 202 | Room 203	Room 202 | Room 203	Room 202 | Room 203
	Instructor	Keshavarz. P | Tkachenko. M	Keshavarz. P | Tkachenko. M	Bran. T | Liu. A
Level Four	PO/EO	M100	M100	M100
	PO Title	PHASE-Substance Use & Addiciton	PHASE-Social Media	PHASE-Consent & Sexual Assault
	Location	Room 218 | Room 219	Room 218 | Room 219	Room 218 | Room 219
	Instructor	Liang. A | Zhang. A	Malhotra. C | Lau. R	CV Bakhshi | CI Sampathkumar