

Annex A
To COA Advanced Leadership Program – PO 503

KIT LIST FOR ACTIVITY

SECTION 1: TRAINING OR ACTIVITY DETAILS	
Exercise COA Advanced Leadership Program – PO 503	Location Blackdown CTC, 1 Blackdown Rd, Borden, ON, L0M 1C0
Start Date Friday, 6 September 2024	End Date Sunday, 8 September 2024

SECTION 2: KIT LIST	
Provincial health card	1
Required permission forms	1
Refillable water bottle	1
Backpack/Day bag	1
Paper & Pencil/Pen	1
Device to access C365	1
Medication (To be handed in at In-Routine along with timings and dosage)	As needed
C-5 Uniform (hat, shirt/tunic, elemental t-shirt(x2-3), pants, boots, inner-parka, rank slip-ons)	1
Pillow	1
Underwear	3
Socks	3
T-Shirt	3
Towel	1
Sweater (if desired)	1
Rain jacket (if desired)	1
Indoor shoes (for evening activities)	1
Shower shoes	1
Toiletries / Hygiene bag	1
Civilian clothing for evening activities (smart casual)	1
OPTIONAL (ANY ADDITIONAL EQUIPMENT MUST BE CARRIED BY THE INDIVIDUAL)	
Lock (key or combination). This will be for securing personal kit in provided locker.	1
Sleeping bag will be provided. Personnel may bring additional for their own comfort	1
Pillow will be provided. Personnel may bring additional for their own comfort	1

SECTION 3: PROHIBITED
<p>The wearing or bringing of valuables, large amounts of money, jewelry, electronics, electronics, knives and attractive items are not allowed. Any personnel bringing such items shall be responsible for same. The event and facility will not be held responsible for lost/stolen/damaged items.</p> <p>Alcohol, illegal/non-prescription drugs, drug paraphernalia, weapons, cigarettes, e-cigarettes/vaping, pornography or anything else deemed illicit are forbidden. Anyone in possession of, distributing, or using illicit items shall be RTU from the exercise at parent / guardian expense. If warranted, local police services shall be contacted.</p>

SECTION 4: ACTIVITY DETAILS	
Weather	• The activity will be conducted in all weather conditions (expected to be autumn cool with potential rain).
Health	<ul style="list-style-type: none"> • Access to the bus and/or parental drop-off will require visual confirmation of the provincial health card (non-digital copy) • Medication and health cards must be declared during in-routine and kept on the person for the duration of the activity. • Report and medical and/or dietary restrictions to the Activity AdminO during intake
Money	• There may be a canteen available during the activity.
Food/Drink	<ul style="list-style-type: none"> • Cadet are required to eat prior to leaving for the activity • All meals will be provided. It will be a combination of mess hall and box lunches. • Everyone is welcome to bring extra food and water during training (not to be consumed in the tent area). Please note, anything that a person brings will also have to be carried by them.